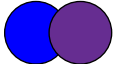




ALLOWABLE TECHNIQUES

	4-6 YEARS	7-12 YEARS	13-15 YEARS	16-17 YEARS			
AMERICANA							
KIMURA							
ARM LOCKS							
TRIANGLE CHOKE							
REAR NAKED CHOKE							
GUILLOTINE CHOKE (ON GROUND)							
GI CHOKES							
NORTH SOUTH CHOKE							
EZEQUIEL CHOKE							
ARM TRIANGLE							
OMO PLATA							
SHOULDER LOCKS							
GUILLOTINE CHOKE (STANDING)							
STRAIGHT ANKLE LOCK							
HEAD OUTSIDE SINGLE LEG TAKEDOWN							
WRIST LOCK							
BICEP/CALF SLICER							
KNEE BAR							
TOE HOLD (OUTSIDE/INSIDE)							
KNEE REAP							NO GI
CLOVERLEAF							NO GI
GROIN STRETCH							NO GI
Z-LOCK/HIP-LOCK							NO GI
HEEL HOOK (OUTSIDE/INSIDE)							NO GI
NECK/SPINAL CRANK							
HAND SMOTHERING							
TWO-HAND ATTACKS TO TRACHEA							
KIDNEY COMPRESSION (CLOSED GUARD)							
JUMPING GUARD/FLYING SUBMISSIONS							
SCISSOR TAKEDOWN							
SLAM							